GRADUATE PROGRAM in Exercise and exercise-based cardiac rehabilitation in patients with cardiac disease

Heraklion, Crete, Greece, GR 70013
Tel: +302810 394526
e-mail: postgradsecr@med.uoc.gr

Call for Applications
ACADEMIC YEAR 2023-2024

The School of Medicine - University of Crete, announce that applications for the academic year 2023-2024 for the Graduate Program in "Exercise and exercise-based cardiac rehabilitation in patients with cardiac disease" are now open. Cardiac rehabilitation (CR) is a multidisciplinary process for patients recovering after an acute cardiac event or with chronic cardiovascular disease that reduces mortality and morbidity and improves quality of life. It is considered a cost-effective intervention and is expressly indicated in the guidelines of the major medical societies. The area of CR is still underdeveloped and the career across Europe is expected to grow and produce lot of job opportunities across. Cardiologists with a special training in cardiac rehabilitation have a critical role in supervising these programs or coordinate a cardiac rehabilitation center. In addition, since the population of patients with cardiovascular disease is increasing rapidly and prone to adverse events during exercise, other medical specialists with a focus in rehabilitation will gain a big precedence with this Program. Cardiac rehabilitation specialists can work in a variety of settings, including hospitals and cardiac centers and can choose from several different career tracks. Apart from the medical part, career options in the cardiac rehabilitation field can include nutritional counseling, nursing and physical therapy.

The Program leads to a Master’s Degree in "Exercise and exercise-based cardiac rehabilitation in patients with cardiac disease" after two semesters of courses and the completion of a dissertation in the third semester of studies.

The Graduate Program in "Exercise and exercise-based cardiac rehabilitation in patients with cardiac disease" will accept applications from candidates who hold Bachelor's degrees from Higher Education Institutions or Technical Education Institutes (TEI) in Greece or from abroad, from Faculties or Departments of Medicine, Physiotherapy, Ergophysiology, Physical Education and Sports Science and Nursing.

Initiation and Duration of the Studiet

In the first two semesters, students take in total 9 mandatory courses summing 60 ECTS.
In the third semester the students are engaged in research and the completion of the dissertation. During the 1st and 2nd semesters of studies, the program is conducted online using modern and asynchronous education methods. In the 3rd semester, students are required to attend a three (3) week internship and clinical practice.

Up to thirty (30) graduate students will be selected every year.

Submission of Documents

All applications shall be submitted electronically via the https://postgrad.cict.uoc.gr website in which the applicants must create a user account, process their application, upload their supporting documents and submit before the deadline. Applicants are invited to first create a user account at: https://postgrad.cict.uoc.gr and then to upload the following certificates or files:

1. **Certified copy of the BSc or MD degree**
   According to the Greek law 4957/2022, holders of academic degrees awarded by foreign Higher Education Institutions do not have to apply to DOATAP for the recognition of their degree, as a prerequisite to continue their studies at a higher level in a Greek Higher Education Institution (MSc; PhD).
   For continuing your studies in Greece, you apply directly to the University and program you are interested in, according to its admission requirements. The University is responsible for the academic assessment of your degree/s. For this purpose, the University examines whether the institution that awarded your title belongs to the National Registry of Foreign Recognized Higher Education Institutes and whether the title type belongs to the National Registry of Foreign Recognized Academic Title Types of recognized foreign institutions posted on the DOATAP website. If either the awarding foreign Higher Education Institution or the title type of your degree are not included in the above mentioned Registries, the Greek University will contact DOATAP in order to examine them. Only degrees over 180 ECTS are recognized.
   The MSc degree will not be awarded to a student whose degree from a foreign institution has not been recognized from the National Academic Recognition Information Center (DOATAP).

2. **Transcript of Grades**
3. **Proof of competence and fluency in the English language of level B2 or higher (according to the Council of Europe)**
4. **A CV** of the candidate, written in English, with information about his/her studies, the academic/professional experience, the scientific/social activities, as well as a list of publications and scientific work (if available)
5. A Motivation Letter where the candidate explains the reasons and his/her motivation for participating in the postgraduate programme
6. Letters of recommendation
7. Proof of professional and/or research activity (if available)
8. One recent passport-size photograph

For the scanned documents and files
Only **pdf** files can be uploaded
Maximum size of each file = 2MB
Total Maximum Size = 20 MB

For the Photo
Acceptable file format: .png, .jpeg
Maximum size = 2MB
Dimensions: 200px x 200px

For the Recommendation Letters
The recommendation letters must be submitted by their authors through the programme’s electronic applications platform. The indicated authors of the recommendation letters will automatically receive a relevant invitation after the applicants' successful submission of his application. What it shall be clearly stated in the form is:
- a) the e-mail address of the institution to which the author belongs / works
- b) the status and complete contact details of the author

The recommendation letters must be submitted until **27 June 2023**.

**Criteria for Admission - Application Requirements**

- The evaluation of the students will be according to the following criteria in the grading scale of 1 to 10 (with 10 being the highest grade).
  - Interview (20%)
  - CV and Research Activity of the Applicant (20%)
  - Evaluation of Recommendation Letters (10%)
  - Grades in the undergraduate courses relevant to the Program (10%)
  - Letter of Motivation (10%)
  - Grade of the Degree (6%)
  - Research or professional relevance and grade in the degree thesis (14%)
  - Fluency in English language (10%)

**Indicative Timetable**

1. Deadline for applications: June 25th 2023
2. Interviews: By July 5th 2023
The secretary of the Program will send an email to the applicants with more information about the interviews.

3. Announcement of successful applicants: by July 25th 2023

4. Registrations: September 2023

5. Courses start: September 2023

Tuition Fees

Tuition fees are set at 3000 € (Euros) for the completion of the studies. Payment of fees will be made in three installments:

<table>
<thead>
<tr>
<th>Installments</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Installment (20%)- within 2 weeks from the announcement of the results. This serves in securing the place after accepting the offer.</td>
<td>600 €</td>
</tr>
<tr>
<td>2nd Installment (40%)-Beginning of Semester 2 (February 2024)</td>
<td>1200 €</td>
</tr>
<tr>
<td>3rd Installment (40%)-Beginning of Semester 3 (October 2024)</td>
<td>1200 €</td>
</tr>
</tbody>
</table>

In cases of students failing to book their place by paying the first installment the place will be offered to the next candidate in the list. In cases of students leaving or being discharged from the Program, the tuition fees are non-refundable.

INFORMATION

Program’s Secretariat: Maria Panagou

Tel. +302810 394526

Email: postgradsecr@med.uoc.gr

Website: https://mscs.uoc.gr/cardio/